

We invite you to join us for a free public information session



Finding Balance: Coping Skills for a Stressful World

Tuesday January 26th, 2010

Whistler Public Library

4329 Main Street

6:30 pm — 8:00 pm

***Donations to the Food Bank are gratefully accepted**

For more information, please contact Whistler Mental Health & Addiction Services at 604-698-6455

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